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Organization identifying the health care needs of Asian Americans / Pacific Islanders

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President's Message: A Message from AAPINA President, Dr. Alona D. Angosta

As I end my first year as AAPINA President, I would like to take this opportunity to thank all AAPINA members and professional organizations for their dedication and continued support for helping our national organization achieve its mission. This year was very productive for AAPINA. Several key initiatives were accomplished in 2018 and they are highlighted below:

Collaborative Partnerships and Leadership Initiatives: We formed partnerships with the National Association of Pediatric Nurse Practitioners (NAPNAP), Taiwan Nurses Association (TWNA), and Future of Nursing Campaign for Action through the Robert Wood Johnson (RWJF) and

AARP foundations. The goal of AAPINA's partnership with NAPNAP is to help protect the health of vulnerable youths. Partnership with TWNA is to help promote and enhance research and education that impact nursing and health globally. Partnership with the Future of Nursing Campaign for Action focuses on health equity, diversity, and inclusion of nursing so that nurses have an equal voice in decision-making in building a *Culture of Health* and health equity. Many of AAPINA's activities through sharing of scholarly works through research and publications reinforce these initiatives. Our relationship with the National Coalition of Ethnic Minority Nurse Associations (NCEMNA) has been revitalized. AAPINA advocates for equity in health care and reinforces NCEMNA's vision as one of the leading voices and driving forces for ethnic minority populations.

Conference and Professional Development: Despite the challenges we have experienced with Hurricane Florence this year, our 15th Annual AAPINA conference in Durham, North Carolina was successful. Prestigious leaders, key note and panel speakers, and presenters across the globe shared their works on current and future directions of nursing research, evidence based practice, and

education innovations centering on health disparities. Thanks to the 2018 Conference and Program Chairs and the Planning Committee for making the conference a success! Our 16th Annual Conference will be held in Taiwan on August 16-17, 2019. This will be our first international conference and we are excited to partner with TWNA! The conference's emphasis is on changes in nursing research, education, and practice - from local to global. The *Save the Date* is on our AAPINA website. Please stay tuned for more information!

Growth and Membership: AAPINA's membership continues to grow. We have added two (2) state chapters (North Carolina and Nevada), in addition to our current Hawaii chapter. Several new members joined through these chapters. We also worked with AAPINA's IT and developed mechanisms to increase membership such as automatic notification of members when membership is due, auto renewal of payment with the option to *opt-in* and *opt-out* by members, and enhancement of our website to highlight membership benefits.

Journal and Publications: Our journal, *Asian Pacific Islander Nursing,* switched platform in the middle of 2018 and is now under the University of Hawaii Press. Thanks to our Editor-in-Chief, Dr. Jillian Inouye, for making this happen! We have publications, manuscripts in production, revisions, and reviews including the abstracts from our 2018 conference. I encourage you to submit your papers to our journal. If you are interested in joining the journal's Editorial Board, please let us know by emailing info@aapina.org.

Scholarships and Grants: The Okura Foundation Grant approved the AAPINA's remaining Okura Grant funds for scholarships and grants available to active members. This year, we have awarded two Scholarship awards to Randelle Sasa, a doctoral student at City University of New York and Bada Kang from Duke University. Angelina Nguyen, doctoral candidate at the University of Arizona received the *Ethnic Minority Research Grant*, and Dr. Leorey Saligan, PhD, RN, FAAN received the *AAPINA Mentoring Award*. Thanks to the Awards Committee for your hard work and Congratulations to all of the recipients!

Standing Committee and AAPINA Officers: New members of the Standing Committee have been appointed this year and approved by EC. Additionally, the EC approved the establishment of the Financial Review Committee (FRC). The FRC is responsible for reviewing the AAPINA's annual financial activities/budget. Thanks to the FRC for developing the financial review process! Also, thanks to Dr. Mahealani Suapaia, PhD, RN for her four (4) years of service as the AAPINA Secretary! She has been a great member of AAPINA Her work, dedication, commitment, and ongoing support to AAPINA are greatly appreciated. Congratulations to our new Secretary, Angelina Nguyen, doctoral student at Arizona University. She will start January 1, 2019. The Special Election for Treasurer is currently on going. The candidates' bios are out and voting process is currently on going. Please vote.

Strategic Plan, Objectives, Strategies, and Operations: We have developed the standard procedures to outline the roles and responsibilities of the elected officers and standing committees as part of operationalizing our strategic plan (SP). In terms of our SP, our 2018 key objectives and strategies were met through the activities outlined below:

<u>Objective 1 and strategies</u>: Networked and created and/or sustained our collaborative relationships with other professional organizations through annual conference, meetings, publications, and other leadership initiatives with Robert Wood Johnson foundation, and expanded our chapters (now 3 total) who have worked with their respective AAPI communities.

<u>Objective 2 and strategies</u>: Education to improve understanding about the health of AAPIs through presentations of researchers and educators during our 2018 annual conference and publications.

Objective 3 and strategies: We have been working with the NCEMNA on vital issues impacting the health of AAPIs. AAPINA's President, President-Elect, and Past Presidents are actively involved in the upcoming NCEMNA summit in March 2019. We have partnered with the Diversity Steering Committee from the Campaign for Action and participated in the meeting in Washington DC in October 2018. Dr. Emerson Ea, PhD, RN, FAAN represented AAPINA. He served as our voice to discuss current issues and policies affecting AAPINA and our AAPI communities.

<u>Objective 4 and strategies</u>: Partnered with professional organizations to support AAPINA's mission (see report on *Collaborative Partnerships and Leadership Initiatives*).

<u>Objective 5 and strategies</u>: Members received professional development during our 2018 annual conference and continuing education for completion of educational/research sessions and publications. See report on *Collaborative Partnerships and Leadership Initiatives* for other initiatives previously discussed).

Website: Our AAPINA website has been modified and reorganized to be user friendly and highlight the benefits for AAPINA members to include tabs and links on awards and grants, membership benefits, conference, publications and newsletters, meeting minutes, and financial reports. A Make a Gift tab has been added as well. The minutes and financial reports will be available for active members only.

On my last term as AAPINA President, my goals in 2019 are: (1) start an educational webinar for our members as part of our professional development, (2) secure an Associate Editor for our APIN journal, and (3) continue to collaborate with professional organizations to help promote AAPINA's mission.

Thanks for all you do to the nursing profession and AAPINA. I wish you and your family Happy Holidays and here's to a successful 2019!

Sincerely,

Dr. Alona D. Angosta, PhD, APRN, FNP-C

President, AAPINA (Jan. 1, 2018 - Dec. 31, 2019) Associate Professor & Director of MSN Program University of Nevada, Las Vegas, School of Nursing

From THE EDITOR' DESK:

Yu-Ping Chang, PhD, RN, FGSA, FAAN

Associate Dean for Research and Scholarship, The State University of New York, University at Buffalo **Melen McBride, PhD, RN, FGSA**

Associate Director, Emerita, Stanford Geriatric Education Center, Stanford University

Opportunities are abundant! Greetings AAPINA Members. Donors, and Friends,

YES! Believe it we are now in the Year of the Pig, Hog or Swine depending on your inclinations. The Chinese New Year in 2019 starts on Tuesday, February 5th and ends on January 24th, 2020.

According to the Chinese zodiac the year 2019 is the "Year of the Earth Pig," a year of fortune and luck! 2019 is a great year to make money, and a good year to invest!

So open your word processor and get busy with grant applications for public and private funds as well as deep pocket donors who wish to create a legacy. AAPINA members who are presenting at the AAPINA International Conference has tremendous opportunities to market their projects for new, continuing funding or expanded collaboration to attract additional funding. Consider these as an investment in your future.

In this issue some sections as well as the upcoming AAPINA International conference may trigger new exciting ideas such as long standing members banding together and initiate steps to establish an AAPINA Nursing Science Legacy with members, donors, and friends commitments to build this fund for API RNs. It can also provide seed money for research projects on futuristic scenarios that describe and show new areas for API RNs to participate in the rapidly changing health care systems.

Think, Talk, Dream and ACT! Happy New Year!

Yu-Ping and Melen



GERO SECTION:

Searching for a topic in eldercare to learn more about?

Melen McBride, PhD, RN, FGSA, Associate Director, Emerita, Stanford Geriatric Education Center, Stanford University

Chronic healthcare for older adults tend to be complex due to multiple chronic conditions and intersecting behavioral and social factors that require careful comprehensive attention wherever healthcare is delivered. Clinicians and advance practice nurses in most practice settings encounter an older adult healthcare consumer. The EHR is an important tool for making clinical decisions and closing gaps in communication. To initiate an eldercare focused EHR project, list questions/issues you generate while reading the article below and consider writing a paper for a course or acquire CE units on this topic for RN license renewal.

Electronic Health Record (EHR) usability linked to patient safety

Source: IT News (<u>news@healthcareitnews.com</u>), Friday, August 31, 2018 12:55 pm.

According to Pew Charitable Trusts, there's not enough focus on EHR usability from a patient safety standpoint, which can lead to inefficiencies and workflow challenges. In fact, federal certification requirements don't address those key safety factors. And testing rules fall short when trying to determine if a platform contributes to patient harm. Pew outlines those issues here. ¹

The study provides a stark contrast to a July report, which found EHRs – when optimized – can improve patient safety. This includes the use of analytics and pacing new EHR functionality. ² Just last year, Cerner's John Glaser outlined the biggest usability issues and how to overcome ³ them. Real change will come from policies, products and processes, but healthcare executives and providers need to continually educate themselves by attending conferences and learning from others.

- 1 Mike Miliard August 30, 2018 02:03 PM **Patient safety demands more testing of HER usability**. https://healthcareitnews.com/news/patient-safety-demands-more-robust-testing-ehr-ussability-says-pew
- 2 Beth Jones Sanborn July 19, 2018 09:31 AM EHRs can improve patient safety if they're optimized well. https://www.healthcareitnews.com/news/ehrs-can-improve-patient-safety-if-theyre-optimized-well?mkt_tok=eyJpljoiTWpOalpXSXpZamRoWVdGbClsInQiOiJvYUdcL0o0bzlqazJLeFYwWXJ6aTZOMTNXQjh2ankrOG1veWQ2VEFPV0xnbVRHalNTMTJnMU5IYWRzaWpaU3FnOXpMUnIrT3pWd1JZRHg5V3Bpb25iM0RSd2RmMEIIQUxKcVwveUNaQ1Rub3hleWpcL3NiM0VFd0pxZFFCV29kOUZIYyJ9
- 3 John Glaser August 09, 2017 11:09 AM Cerner's **John Glaser: How to finally fix the EHR usability problem.**<a href="https://www.healthcareitnews.com/blog/cerners-john-glaser-how-finally-fix-ehr-usability-problem-2ml/t-tol/-policy/Syn7cmPaW//dChClalaCiCi-hyVIdel-0-0b-place-ll-o-CV/W/VIGETZOMTNYCOMT

problem?mkt_tok=eyJpljoiTWpOalpXSXpZamRoWVdGbClsInQiOiJvYUdcL0o0bzlqazJLeFYwWXJ6aTZOMTNXQjh2ankr OG1veWQ2VEFPV0xnbVRHalNTMTJnMU5IYWRzaWpaU3FnOXpMUnIrT3pWd1JZRHg5V3Bpb25iM0RSd2RmMEllQUx KcVwveUNaQ1Rub3hleWpcL3NiM0VFd0pxZFFCV29kOUZIYyJ9

MEMBER SPOTLIGHT — Dr. Emerson Ea represents the AAPINA attending the RWJF meeting.

AAPINA's presence and participation at the Robert Wood Johnson Foundation's Future of Nursing Campaign's Equity, Diversity and Inclusion Steering Committee meeting held on October 30-31, 2018 in Washington DC made sure that voices and views of our members are heard in important discussions and decisions that significantly impact nurses and nursing, and the future of our profession.

The meeting co-chaired by Drs. Deborah Washington and Carmen Alvarez along with Dr. Susan Hassmiller, Senior Adviser for Nursing for Robert Wood Johnson Foundation and Director of the Future of Nursing campaign updated the participants about the campaign's successes, challenges, and opportunities. They also reviewed RWJF's Culture of Health Action Framework, and members had the opportunity to discuss and brainstorm how to further strengthen the program as well as how to ensure that the program integrates the views of a diverse community. A SOAR (Strength,



Dr. Emerson is the fourth person from the left in the back row.

Opportunities, Aspirations, and Results) Analysis was conducted to identify strategies for building health and maintaining community and national partnerships on a Culture of Health and health equity (please see meeting summary).

In summary, there is so much opportunity for AAPINA to continue to be a Culture of Health Champion such as increasing opportunities for members to actively contribute and participate in efforts that advance health and address health inequity.

I appreciate the opportunity to represent AAPINA at this very important meeting.

Sincerely,

Emerson Ea, PhD, RN, FAAN Rory Meyers College of Nursing, New York University

RESOURCES SECTION

1. Occupational Hearing Loss and Cumulative Exposure to Noise and Solvents.

Many employees in the occupational safety and health field have faced an issue related to exposure to both noise and solvents. Both exposures can interact to cause hearing loss. How should these exposures be controlled to reduce the risk of occupational hearing loss? Many nurses and other health workers are exposed to environmental noise and chemicals in the workplace. Check out a blog from the National Institute on Occupational Safety Hazards (NIOSH) "A Mini-Symposium on Cumulative Risk Assessment in the Occupational Setting" November 26, 2018 by R. Todd Niemeier, MS, CIH; T.J. Lentz, Ph.D; and Molly Leshner (https://blogs.cdc.gov/niosh-science-blog/2018/11/26/cra/) and a 5-page publication on "Preventing Hearing Loss Caused by Chemical (Ototoxicity) and Noise Exposure" in the Safety and Health Information Bulletin (SHIB 03-DB-2018, DHHS [NIOSH] 2201-124. Download the pdf https://www.cdc.gov/niosh/docs/2018-124/pdfs/2018-124.pdf?id=10.26616/NIOSHPUB2018124)

2. Infographic: CDC Fights Against Global TB

https://www.cdc.gov/globalhealth/infographics/tb/cdc_fights_against_global_tb.htm Download Infographic PDF

Infographic: Customizable Take on TB Infographic with Instructions
The customizable "Take on TB" infographic allows you to add state or local-level TB data in the template provided below. There is a detailed set of instructions to help customize this material. https://www.cdc.gov/tb/publications/infographic/custom-infographic.htm

ART AND SCIENCE OF NURSING

A Dyadic Sleep Intervention for Alzheimer's Disease Patients and Their Caregivers

Yeonsu Song, PhD, RN, FNP-C; School of Nursing and School of David Geffen Medicine, University of California, Los Angeles; Geriatric Research Education and Clinical Center, VA Greater Los Angeles Healthcare System, North Hills, CA. Email: ysong@sonnet.ucla.edu

Poor sleep in both Alzheimer's disease (AD) patients and their caregivers is associated with adverse health outcomes, and increases risk of institutionalization in individuals with AD. As a nurse sleep researcher over 14 years, I was eager to help this population with sleep problems, which led me to focus on conducting a dyadic sleep intervention program for both AD patients and their family caregivers.

The intervention program involves five, in-person sessions. It includes manualized sleep recommendations and key components commonly used in a cognitive behavioral therapy for insomnia. It evaluates a key mechanism of intervention benefits that can be further explored in future behavioral interventions targeting AD patients and/or their family caregivers. A unique aspect of the study is that it is a tailored program to address sleep problems of both patients and caregivers (dyads). It also includes upstream biomarkers such as gene expression of inflammation. Interestingly, previous behavioral sleep intervention programs reduced inflammation in persons with insomnia, and

measuring such inflammatory factors may be a key biological marker of improved sleep. Phase 1 which involved refinement of the dyadic behavioral sleep intervention materials has been successfully completed on five dyads. Phase 2 just began to recruit study participants from the community to pilot test the intervention using a randomized controlled trial for 4 years. A larger population study will follow and preliminary results from Phase 2 would be shared at various community based service settings. Anticipated results from this study could potentially improve the dyad's health and quality of life and delay/prevent premature long-term care admission. Additional information about this clinical trial is available at https://clinicaltrials.gov/ct2/show/NCT03455569

AAPINA CONFERNCE: Click here for more information

Theme: Changes in Nursing Research, Education, and Practice: From Local to Global



The 2019 Annual AAPINA National Conference will be an international event in collaboration with the Taiwanese Nurses Association (TWNA) to be held on **August 16-17**, **2019** at the Splendor Hotel in Taichung City, Taiwan. The venue is located centrally at the most prosperous commercial district of the city.

The Joint International Conference Planning Committee (JICPC) has been diligently working on the program and other aspects of the meeting under the shared leadership of two co-conference chairs: Professor Chou, Kuei-Ru, Dean, Taipei Medical University (TWNA representative) and Professor Young Shin Lee, Associate Professor, San Diego State University (AAPINA representative).

A preliminary <u>Program-at-a-glance</u> will be posted on the AAPINA website that will include special

sessions by world renowned nurse leaders, researchers, educators, advance practice nurses, clinicians and a Program Officer from the National Institute of Health (NIH), National Cancer Institute (NCI). The conference participants such as members of AAPINA and TWNA will have opportunities to interact with them; give presentations to international colleagues; consult diverse experts and receive advice from a NIH program officer.

The overseas TWNA conference planning committee and the US-based AAPINA planning committee strongly encourage the dynamic participation from AAPINA membership and its broad network to ensure the success of our "first" international conference held outside the U.S. If you are interested in helping, please contact Dr. Lee, Young Shin (ylee@sdsu.edu) who is the chair for the AAPINA planning committee.

The Call for Abstracts will come out very soon. Watch for it at the beginning of January, 2019. Encourage your colleagues, trainees, students and friends to submit abstracts and travel together to do the presentations. For questions about abstract submissions, please contact Dr. Lee, Young Shin (ylee@sdsu.edu).

We are looking forward to an exciting conference on an international stage sharing, learning and building partnerships to advance the science, education and art of nursing as a major component of domestic and global healthcare systems. See you in Taiwan!

Eun-Ok Im, PhD, MPH, RN, CNS, FAAN AAPINA President-Elect Mary T. Champagne Professor & Professor Associate Dean for Research Development and Regulatory affairs Duke University School of Nursing

The 2019 AAPINA/Taiwan Nurses Association (TWNA) Joint Annual Conference planning committee has been diligently working on the preparation of the conference that is planned on Aug. 16-17, 2019. The conference chairs are: Professor Chou, Kuei-Ru, Dean, Taipei Medical University (TWNA side) and Professor Young Shin Lee, Associate Professor, San Diego State University (AAPINA side).

MEMBERS' NEWS

Katherine Abriam-Yago, EdD, RN, Professor at the Valley Foundation School of Nursing. Email: katherine.abriam-yago@sjsu.edu

Dr. Abriam-Yago was inducted as the Founding Board Member of the Philippine Nurses Association of Silicon Valley, which is the 50th chapter of the Philippine nurses association of America in Oct 2018. She published an article on Building the pipeline of diverse nursing leaders: Reflections from the AACN Deans' mentoring program. She also made numerous podium and poster presentations regionally, nationally, and internationally. Below are her publication and selected presentations.

Morrison-Beedy, D., Tzeng, Huey-Ming, H., & Abriam-Yago, K. Building the pipeline of diverse nursing leaders: Reflections from the AACN Deans' mentoring program. Journal of Professional Nursing (2017) DOI:http://dx.doi.org/10/10/16/j.profnurs.2017.07.003 in press (Refereed Journal)

Abriam-Yago, K. (2018, April). The Nursing Profession: At the Crossroads of Healthcare Innovations. *Emotional Intelligence and Grit for the Transformational Leader*. Leadership Institute. Philippine Nurses Association of American 19th Western Regional Conference. San Francisco, CA (Invited Speaker)

Abriam-Yago, K. (2018, April). The Nursing Profession: At the Crossroads of Healthcare Innovations. Panel Discussion; *Professional Nursing Career Trajectories to Inspire the New Nursing Generations.* Philippine Nurses Association of American 19th Western Regional Conference. San Francisco, CA (Invited Speaker)

Abriam-Yago, K. (2017, September), Impact of Minority Nurses on the Changing Healthcare System. *Structural Issues Keeping Minority Nurses from Climbing the Executive Ladder.* Nursing Leadership Coalition of the Central San Joaquin Valley. Fresno, CA (Invited Speaker)

Rhea Faye D. Felicilda-Reynaldo, EdD, RN. Associate Professor, Department of Nursing University of Hawai'i at Mānoa School of Nursing and Dental Hygiene

Email: rff@hawaii.edu

Dr. Rhea Faye Felicilda-Reynaldo published an article in Asian/Pacific Island Nursing Journal entitled, "US Filipino Adults' CAM Use and Medical Pluralism: Secondary Analysis of 2012 National Health Interview Survey."

Katherina Fontanilla, DNP, MSNEd, RN, Program Director of the RN to BSN Curriculum College of Southern Nevada, Engelstad Health Sciences

Dr. Fontanilla is the elected Secretary of the newly formed AAPINA of NEVADA (est. 2018) and one of the founding members of the Chapter. She is currently employed by the College of Southern Nevada Health Sciences as a Program Director of the soon to be launched RN to BSN program (FALL 2019). She recently presented a poster regarding an Assessment/Evaluation tool that will promote student success at the University of the Philippines Nurse Alumni Association's (UPNAAI) Annual Education Conference, in Las Vegas, Nevada. The Pathophysiology book, which she served as contributor was officially published this March of 2018 (Pathophysiology, Concepts of Human Disease, 1st Ed). She was one of the nurses that was recognized and received the "Shining Stars of Nursing in Nevada" 2018 award by the Nevada Nurses Association.

May Kealoha, PhD, MPH, MSN, RN, Professor at Kapi'olani Community College Nursing Department Email: kealohab@hawaii.edu

In Hawaii, the prevalence of pre-diabetes and diabetes is high. Dr. Kealoha created a new diabetes educational resource specifically for local people living in Hawai'i. The resource is a booklet with attractive photos and images to explain the disease, how to prevent, complications of diabetes, and treatment. The resource is written in simple language with Hawaiian words interspersed. The booklet is for sale \$15 to cover the cost for printing.

Angelina Nguyen, MSN, RN, CNE, PhD Candidate at the University of Arizona. Part-time instructor at University of Nevada, Las Vegas and Arizona College, Las Vegas Campus. Email: angelina,nguyen@univ.edu

Angelina was recently selected as a 2018 Johnson & Johnson and American Association of Colleges of Nursing Minority Nurse Faculty Scholar. This national scholarship program is designed to increase the diversity of the nurse faculty population. As part of this program, Angelina has established a mentoring relationship with fellow AAPINA member and chair of the Awards Committee, Dr. Reimund Serafica. To read the original press release, please see: <u>American Association of Colleges of Nursing (AACN)</u> > News & Information > Press Releases > View

CONGRATULATIONS!

